

BALLOON VOLLEY

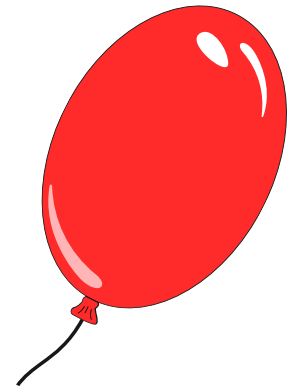
EQUIPMENT:

Balloon

Chair, Skipping Rope or something to create a net.

INSTRUCTIONS:

Find someone to play with. Sit down and see how many times you can volley the balloon to each other.



Create a net using something you can find in the house. Play a small game. You must hit the balloon before it hits the floor on your side. You can have three touches before it must go over the net.



NORWICH
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