



Norwich School Sport Partnership

CPD Programme 2018-19

Introduction

Welcome to the Norwich School Sport Partnership (SSP) CPD programme for 2018/19. We have designed the programme to help support schools staff to develop their knowledge in a variety of different areas.

In this programme you will find information about each of the opportunities available including the date/time/venue, who it is aimed at and a full description.

How to book a place

To book a place(s) on any of the workshops or courses please login to the SSP website (www.norwichssp.co.uk) and click on it on the Events calendar.

If you need reminding of your schools login details or need to set up a new school profile please email info@norwichssp.co.uk. Please Note - The booking deadline for all CPD workshops is 7 days prior to the event.



Timetable

Date	Time	Title
Tues 18 th Sep	4.00-5.30pm	2018/19 SSP Conference – “The Year Ahead”
Thur 1 st Nov	4.00-5.30pm	How to maximise and evidence the impact of your schools PE & Sports Premium funding
Fri 9 th Nov	1.30-4.00pm	Maths of the Day (Taster Session)
Wed 14 th Nov	4.00-5.30pm	How to encourage your pupils to achieve the recommended 30 mins of physical activity each day
Thur 22 nd Nov	4.00-5.00pm	Create Development – real PE and real gym (Taster Session)
Thur 6 th Dec	9.30-3.00pm	Create Development - real gym
Thur 10 th Jan	4.00-5.30pm	How to improve the impact of your school swimming programme.
Wed 23 rd Jan Thur 7 th Mar Wed 24 th Apr	9.30-4.00pm	Create Development - real PE (3 day course)
Wed 27 th Feb	4.00-5.30pm	How to use the School Games Mark to drive and recognise improvement in PE/school sport.
tbc	tbc	Mini Tennis Teacher Training Course
tbc	tbc	Ideas to encourage pupils to be more physically active during break and lunch times.
tbc	tbc	How to teach your pupils how to ride a bike

Sport Specific INSET

In addition to the above events we are also able to offer SSP member schools the opportunity to receive sport specific twilight INSET training (1.5-2 hours). The aim of the training is to help develop staff members understanding of sports format and rules in order to enable them to prepare their pupils to participate in an upcoming SSP competition or league (e.g. Norfolk School Games).

Sports include; athletics (sportshall & quadkids), tri golf, high 5 netball, tag rugby, kwik cricket, mini tennis, football. To request a sport specific twilight INSET please email info@norwichssp.co.uk.

2018/19 SSP Conference – “The Year Ahead”

Date	Tuesday 18th September
Time	4.00pm – 5.30pm
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	PE Subject Leaders, Headteachers.
Booking deadline	7 days prior to the event

Description	<p>This is a really important event for schools to attend in order to fully understand all of the opportunities available to them from the SSP during 2018/19.</p> <p>At the conference SSP staff will share information about a range of core and membership opportunities for schools including; competitions, festivals, dance shows, CPD workshops, Bikeability cycle training and other opportunities.</p> <p>PE Coordinators will also be able to find out about the support available from the SSP in the year ahead.</p>
Format	A non-practical sessions which will include presentations, small group discussions and Q&A.
Cost	<ul style="list-style-type: none"> • FREE for SSP member schools • £30 per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

How to maximise and evidence the impact of your schools PE & Sport Premium Funding

Date	Thursday 1st November
Time	4.00pm-5.30pm
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	Governors, Head teachers and PE Subject Leaders
Booking deadline	7 days prior to the event

Description	<p>This workshop will provide senior school staff with;</p> <ul style="list-style-type: none"> • Latest updates for 2018/19 regarding the PE & Sport Premium funding • Understanding the new 5 key indicators for the funding • Clarity about what the funding can be spent on • Opportunity to discuss ideas and share best practice with other schools • Resources to help evidence the impact of the funding • Understanding of what reporting is required by schools
Format	A non-practical sessions which will include presentations, small group discussions and Q&A.
Cost	<ul style="list-style-type: none"> • FREE for SSP member schools • £30 per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

Maths of the Day (Taster Session)

Date	Friday 9th November
Time	1.30-4.00pm
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	<p>Maths leaders/PE leaders/Head teachers/SLT - Any teacher interested in raising standards in maths and/or increasing levels of physical activity.</p> <p>PLEASE NOTE: This course is not appropriate for Teaching Assistants or PE coaches/ outside agencies working within schools</p>
Booking deadline	7 days prior to the event

Description	<p>This taster session will provide staff with;</p> <ul style="list-style-type: none"> • Understanding the research, rationale and benefits of ‘active learning’ and gives teachers practical ideas on how to implement ‘Active Maths’ in to the curriculum. • Delegates will be introduced to the highly acclaimed and praised resource ‘Maths of the Day’ – a website that provides teachers and teaching assistants with over 1000 lesson plans on how to deliver ‘active maths’. • The resource is used in schools across the UK and internationally and is having a huge impact on attitudes to maths, attainment in maths, levels of physical activity and whole child development. • For more information about Maths of the Day please visit www.mathsoftheday.org.uk
Format	A combination of practical and theoretical activities. Please arrive in suitable practical clothing and footwear.
Cost	<ul style="list-style-type: none"> • FREE for all schools to attend
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

How to encourage your pupils to achieve the recommended 30 mins of physical activity each day

Date	Wednesday 14th November
Time	4.00pm-5.30pm
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	PE Subject Leaders, Head teachers, other staff involved in the delivery of PE, school sport or active travel.
Booking deadline	7 days prior to the event

Description	<p>This workshop will provide a range of school staff with;</p> <ul style="list-style-type: none"> • Understanding of the benefits of daily physical activity for pupils • Information about the Chief Medical Officers recommendations for how much physical activity young people should undertake each day. • Discussion with other schools about opportunities/barriers for supporting pupils to be more active • Opportunity to discuss ideas with other schools to share best practice • Examples of resources/programme which can be used to provide daily physical activity • Discussion about how we can evidence the impact e.g. Daily Mile
Format	A non-practical sessions which will include presentations, small group discussions and Q&A.
Cost	<ul style="list-style-type: none"> • FREE for SSP member schools • £30 per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

Create Development – real PE & real gym (taster session)

Date	Thursday 22nd November
Time	4.00-5.00pm
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	PE Subject Leaders, any staff involved in delivery of PE lessons
Booking deadline	7 days prior to the event

Description	<p>This taster session will be led by a Create Development tutor and will provide staff with;</p> <ul style="list-style-type: none">• An introduction to real PE & real gym• An outline of both training course• Opportunity to look at the real PE & real gym resources• Chance to ask the tutor any questions about either course
Format	<p>A combination of practical and theoretical activities. Please arrive in suitable practical clothing and footwear.</p>
Cost	<ul style="list-style-type: none">• FREE for all schools
For more info	<p>For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk</p>
How to book	<p>Login to www.norwichssp.co.uk and click on the event on Events Calendar.</p>

Create Development - real Gym

Date	Thursday 6th December
Time	9.30am-3.00pm
Venue	West Earlham Infant School, Scarnell Road, Norwich, NR5 8HT
Suitable for	Any staff involved in delivery of PE lessons in primary schools (EYFS, KS1 & KS2)
Booking deadline	7 days prior to the event

Description	<p>A totally new and holistic approach that makes gym relevant, meaningful and challenging for EVERY child in primary schools.</p> <p>A unique whole school approach to gymnastics, which is stage appropriate and progressive.</p> <p>Builds confidence and inspires teachers to enjoy teaching innovative, outstanding gymnastics.</p> <p>Market leading, exciting, colourful resources to develop transferable gymnastics skills.</p> <p>Directly aligned to and enhances real PE outcomes and approach.</p>
Format	A combination of practical and theoretical activities. Please arrive in suitable practical clothing and footwear.
Cost	<ul style="list-style-type: none"> • £215 + VAT per person for SSP member schools • £245 + VAT per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

How to improve the impact of your school swimming programme

Date	Thursday 10th January
Time	4.00-5.30pm
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	PE Subject Leaders, Swimming Teachers, Head Teachers.
Booking deadline	7 days prior to the event

Description	<p>This workshop will provide a range of school staff with;</p> <ul style="list-style-type: none">• Understanding of the curriculum requirements for school swimming.• Information about the new requirements for schools to report the % of pupils meeting the swimming & water safety requirements as part of their reporting for the PE and Sport Premium funding.• Opportunities to discuss delivery options with other schools to find best methods to help ALL children meet the curriculum requirements.• Ideas for how to monitor impact of school swimming lessons.
Format	A non-practical sessions which will include presentations, small group discussions and Q&A.
Cost	<ul style="list-style-type: none">• FREE for SSP member schools• £30 per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

Create Development – real PE (3 day course)

Date	Day 1 - Wednesday 23rd January Day 2 - Thursday 7th March Day 3 - Wednesday 24th April
Time	9.30am-4.00pm each day
Venue	West Earlham Infant School, Scarnell Road, Norwich, NR5 8HT
Suitable for	PE Subject Leaders, any staff involved in delivery of PE lessons (EYFS, KS 1 & KS 2).
Booking deadline	7 days prior to the event

Description	<p>real PE is, first and foremost, a philosophy and approach which aims to transform how we teach PE in order to include, challenge and support EVERY child. It inspires teachers to enjoy teaching PE and transforms their confidence to deliver outstanding lessons.</p> <p>The very best innovative and fun resources to bring learning to life for EVERY child at all key stages. It develops the key abilities children need to be successful within PE and sport and across the curriculum.</p> <p>Its unrivalled whole school approach with assessment framework, curriculum map, schemes of work and simple assessment tools.</p> <p>To maximise learning and impact, real PE is supported by a 3-day programme of training and support, where delegates are introduced to a new approach to teaching PE.</p>
Format	A combination of practical and theoretical activities. Please arrive in suitable practical clothing and footwear.
Cost	<ul style="list-style-type: none"> • £405 + VAT per person for SSP member schools • £495 + VAT per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

How to use the School Games Mark to drive and recognise improvement in PE & school sport

Date	Wednesday 27th February
Time	4.00-5.30pm
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	PE Subject Leaders, Head Teachers
Booking deadline	7 days prior to the event

Description	<p>This workshop will provide a range of school staff with;</p> <ul style="list-style-type: none"> • Introduction to the School Games Mark • Details of how the School games Mark can be used to drive improvement in PE and school sport. • Details of the criteria for Bronze, Silver, Gold and Platinum awards 2018-19 • Discussion opportunities between schools to share best practice including how to record and evidence progress. • Opportunity to ask questions about School Games Mark • Support to complete application
Format	A non-practical sessions which will include presentations, small group discussions and Q&A.
Cost	<ul style="list-style-type: none"> • FREE for SSP member schools • £30 per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

Mini Tennis Teacher Training Course

Date	tbc (March)
Time	Tbc (3 hours)
Venue	tbc
Suitable for	Any staff involved in delivery of PE lessons
Booking deadline	7 days prior to the event

Description	<p>This compact but comprehensive 3 hour training session is designed to take teachers who are not PE specialists to a point where they can deliver a great tennis experience to a class full of children in a small space using Mini Tennis.</p> <p>Each school that attends the course will receive a free resource based around an innovative DVD teaching aid designed to be played directly to the children. It contains tennis demonstrations and is structured to help them progress in the game. It provides a five week block of activity, with sessions for 4-7, 7-9 and 9-11 year olds. Teachers get a set of lesson plans, with information on how to deliver a session through warm-ups, ABCs (agility, balance, coordination and speed exercises), themed activities and finishing with either a game or a fun competition.</p>
Format	A combination of practical and theoretical activities. Please arrive in suitable practical clothing and footwear.
Cost	<ul style="list-style-type: none"> • FREE for all schools to attend
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

Ideas to encourage pupils to be more physically active during break and lunch times

Date	Tbc (Spring/Summer Term)
Time	Tbc
Venue	Tbc
Suitable for	Midday Supervisors, Teaching Assistants, PE Coordinators
Booking deadline	7 days prior to the event

Description	<p>This workshop will provide midday supervisors with;</p> <ul style="list-style-type: none"> • Understanding of the benefits of physical activity • Discussion about the key times in the school day when children can be active • Discussion about the role midday supervisors can play in encouraging pupils to be active. • FREE pack of activity resources for games/activities which can encourage more pupils to be active. • Sharing of ideas and best practice between schools.
Format	A combination of practical and theoretical activities. Please arrive in suitable practical clothing and footwear.
Cost	<ul style="list-style-type: none"> • FREE for SSP member schools • £30 per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
How to book	Login to www.norwichssp.co.uk and click on the event on Events Calendar.

How to teach your pupils how to ride a bike

Date	Tbc (Spring/Summer term)
Time	Tbc
Venue	City Academy Norwich, 299 Bluebell Road, Norwich, NR4 7LP
Suitable for	Any member of school staff
Booking deadline	7 days prior to the event

Description	<p>This workshop will provide staff with;</p> <ul style="list-style-type: none"> • An introduction to the NEW British Cycling Ready, Set, Ride resource • Information about how the resource can be used within schools • The opportunity to view and try the fun resources aimed at schools and parents • Access to other FREE cycling activities to develop pupils interest in learning to ride • Details about how to download FREE resources for your school • Opportunity to ask any questions that you might have
Format	A non-practical sessions which will include presentations, small group discussions and Q&A.
Cost	<ul style="list-style-type: none"> • FREE for SSP member schools • £30 per person for non-member schools
For more info	For more information please visit www.norwichssp.co.uk/events and click on the event or email info@norwichssp.co.uk
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